Before you go

No public body gives a route, a distance or a time for this hill. By our map it is about 8.8 km (5½ miles) there and back with about 880 metres of climb: about 3½ to 4½ hours, more with stops, in poor weather or under snow. The road in is long, narrow and single track. SSEN Transmission reported it fully open on 25 August 2026, with stop and go traffic control at times and work on the Quoich Bridge still to do: check its page before you travel. If works begin on the Loch Fearna pumped storage scheme, follow any signs. No guide read names toilets at the parking place, so plan for none.

Check the mountain forecast. It grows colder as you climb, about 1°C for every 100 metres, and the wind usually rises with height. Carry a map and compass and know how to use them: Munro Magic says the way needs map reading and the ability to navigate with a compass, and that in poor visibility following paths without a compass can get you lost. Leave word with someone of where you are going. This is deer forest: Mountaineering Scotland says the busiest stalking comes from 1 to 20 October and at the end of the hind season, from 21 October to 15 February. Check the Heading for the Scottish Hills website, and follow any signs.

Under snow Gleouraich is a winter mountain, for walkers with winter skills, an ice axe and crampons. One walker in May found snow cornices along the ridge east of the summit: keep well back from the edges of the corries. No avalanche forecast takes in this hill, but snow brings the risk here all the same.

After the walk

Most walkers go on east along the ridge over Creag Coire na Fiar Bhealaich to Spidean Mialach, and come down by Loch Fearna. That is a longer day: this walk climbs Gleouraich alone and comes back by the stalkers' path.

The walk online, with its film and map:
hiddenscotland.com/walks/gleouraich-from-loch-quoich

It starts at the parking place by the Allt Coire Peitireach, on the road to Kinloch Hourn above Loch Quoich, NH 029 029.

In an emergency, call 999 or 112 and ask for Police and Mountain Rescue, Mountaineering Scotland says, and give a six-figure grid reference and a named feature if you can. Phone signal in the Highlands is often patchy: register first by texting the word register to 999, so that you can text for help.

HIDDEN SCOTLAND

A MUNRO WALK UP

Gleouraich



A HIDDEN SCOTLAND WALK

From Loch Quoich

Gleouraich, 1,035 metres, rises above the north shore of Loch Quoich, on the long single-track road to Kinloch Hourn. The usual way up climbs an old stalkers' path from a parking place by the road, over Sròn a' Chuilinn and along Druim Seileach, then a steep hill path to the summit ridge, and comes back the same way. The path runs above a steep slope and within metres of crags near the top: for hillwalkers who can find their way with a map and compass.

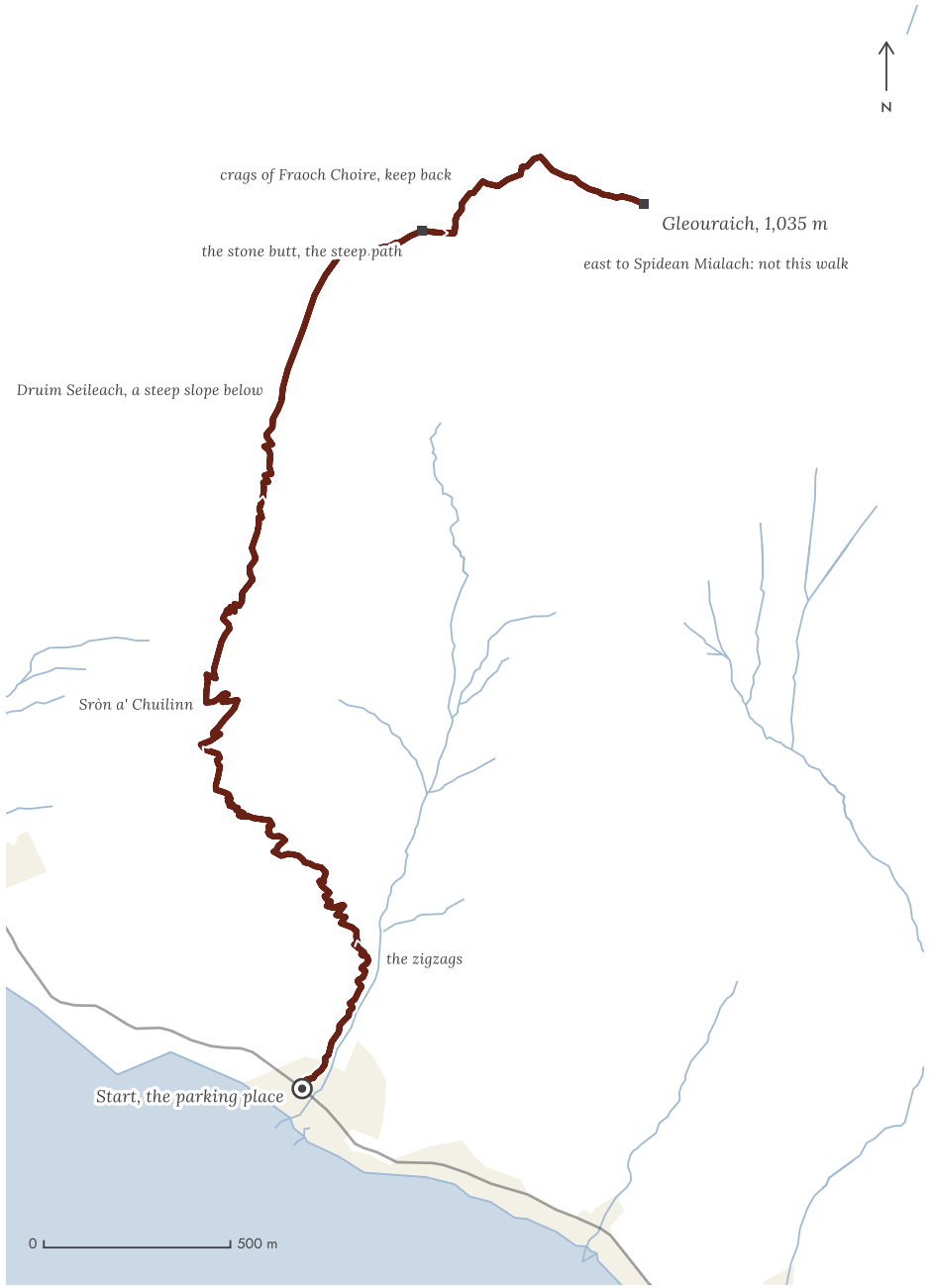
words // Hidden Scotland

A metal pole on the north side of the road marks the start of the stalkers' path. It climbs through rhododendrons beside the Allt Coire Peitireach, then after about 500 metres turns away from the burn and zigzags up to Sròn a' Chuilinn, the hill's south-west shoulder.

The path goes on north up Druim Seileach and traverses just below its high point, about 840 metres up. Here the slope falls away steeply on the left to the loch in Glen Quoich, and Mountaineering Scotland finds a surprising feeling of exposure. One walker warns that a trip here would send you tumbling down the slope. Watch your footing, above all in a strong wind or when the path is wet or frozen.

Past a slight dip the stalkers' path ends at a low stone butt, and a rougher, steeper path climbs to the north ridge. Keep your map and compass to hand. If the cloud is coming down, the wind is rising or anyone is tiring, turn back here. By our map the path passes within about 10 metres of the top of the crags of Fraoch Choire. Munro Magic warns of steep slopes and crags on or near the way up and near the summit: keep to the path and well back from the edge, above all in mist, wind or snow.

On the north ridge the path turns south-east up the stony crest, through boulders to the summit, 1,035 metres, with a cairn above the big drops of Garbh Choire Mòr: keep back from the edge. The ridge goes on east to Spidean Mialach: it is not this walk. Come back the way you came. In cloud, check the line with your map and compass before you leave the summit, and keep off the north side.



Up Gleouraich from Loch Quoich and back the same way: about 3½ to 4½ hours.

Map data © OpenStreetMap contributors